

BELINDA LADDS – IMPARTIAL CAREERS ADVISER OFFERING CAREERS INFORMATION, ADVICE AND GUIDANCE

When organising your future plans you must ask yourself:

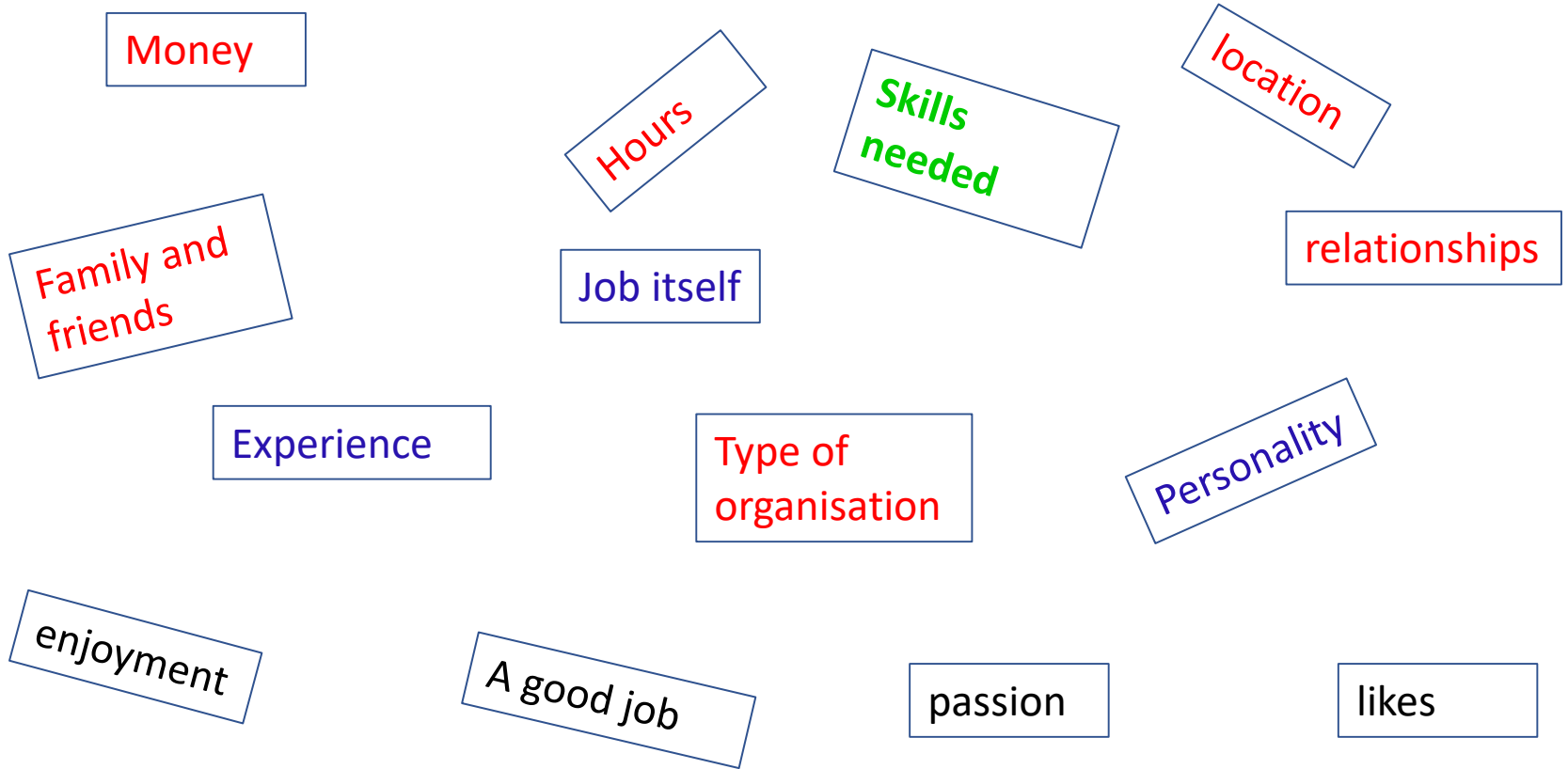
- What **do you want to do?**
- Why **do you want to do it?**
- Where **do you want to do it?**
- When **do you want to do it?**
- How **are you going to do it?**

Things you need to think about when choosing an area or career

Question:

What do you think influences anyone when they decide upon a particular course or career?

WHY? You may have chosen this area because of some of the reasons below:



INTERESTS	WORK PREFERENCES	SKILLS	PERSONALITY
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Options at 16

- Study full-time at sixth form or college or with another provider (further education)
- Start an apprenticeship or traineeship
- Work or volunteer full-time with part-time study or training

Don't forget that whatever choice you make you must stay in education or training until you are 18.

The difference between college and sixth form

College	6 th form
Local examples: Cambridge Regional College, The College of West Anglia (Kings Lynn and Cambridge)	Athena sixth form, Springwood in Kings Lynn, Dereham sixth form etc
Usually much bigger organisation, more students, more facilities, more departments	Smaller organisations usually no bigger than 400 students
Offers many vocational courses such as Hair and Beauty, Car maintenance, Construction, Health and Social Care. Also offers subjects at A level	Offers mainly A level courses. Subjects instead of particular vocational careers. Some Vocational subjects are offered as well.
Most vocational courses are three days a week with two days dedicated to work experience or retakes of Maths and English. A levels usually go across the week	A levels offered are usually five days a week with time to study featured in. In Year 13 you may get free time to study at home instead.
Bigger organisations means more people, less contact with teachers etc. You will need to be more self disciplined to find the help you need.	Smaller organisations mean you usually know all the staff and they are easier to find to get help. Often attached to schools but may be in a separate building.

WHAT: Information about different careers in this sector:

<https://www.startprofile.com/>

<https://nationalcareers.service.gov.uk/>

<https://www.icanbea.org.uk/>

WHY: You need to ask yourself what are your reasons for choosing this area.

WHERE: Information about courses in Norfolk and Cambridgeshire

<https://helpyouchoose.org/content/> use in Norfolk

The following may help:

<https://www.startprofile.com/>

Go to the tab that says my profile: on the left hand side there are four lots of questions you could answer. They are multiple choice.

- The program will generate some job ideas by matching what you have said about yourself to careers
- Go through each career and decide if you like it as a possibility or if you are giving it the thumbs down.
- The quiz on start only makes suggestions based on what you have said about yourself.
- You should research each thoroughly before dismissing it.
- Remember to try to keep your options open as far as you can.

USEFUL WEBSITES TO START RESEARCHING DIFFERENT CAREERS:

You can now start looking at different careers to help you make decisions later on. Here are some useful websites to help:

https://www.startprofile.com/	<p>You will need to register on this website but once registered it has colourful pictures and extensive information about many jobs. There is a search engine that you can put ideas in and it will find all the jobs that fit. Also there are other tabs of interest so take a look.</p>
https://icould.com/	<p>This is a website full of videos that you can watch to find out more about each career.</p>
https://www.careersbox.co.uk/	<p>Another website full of videos that you can watch to find out more about each career.</p>
https://www.icanbea.org.uk/	<p>This website has a quiz, lots of information about jobs and also some organisations that might offer work.</p>
https://nationalcareers.service.gov.uk/	<p>Although not the most colourful of websites. This one gives information about many types of career. There is a quiz here too although it is quite long.</p>
https://helpyouchoose.org/content/	<p>This site has a great deal of information to look at relating to Year 7 up to 13. It is the place you will eventually apply to college or sixth form.</p>

TIMELINE OF ACTIVITIES – WHEN?

YEAR 11

Sept	Oct	Nov	Dec	Jan	Feb	March	April	May	June	July	Aug
Research and careers interviews Visits INFORMATION GATHERING	Register on Help you choose and start applying for courses or training	Continue applications and visits to sixth forms and colleges	Receive interviews for college and sixth forms Look out for apprenticeships and apply (CV and letters)	Apply for apprenticeships now ready for leaving school. NB: Always have a back up plan should you not find an apprenticeship			EXAMS			Work experience and continue applications for apprenticeships	

<https://helpyouchoose.org/content/>

HOW will you do it?

- Have a go at the quiz on the start profile first. It will suggest some careers ideas that might suit you.
- Research thoroughly your areas of interest and decide why you have chosen it
- Go to Help You Choose to find out the types of courses available in your chosen area
- Register on help you choose and start putting courses in your basket
- Apply on Help You Choose
- You will receive an email confirming receipt
- You will get an email from the colleges and sixth forms you have applied to inviting you for interview