

Keywords: Yr7

Food Technology

Topic Title: Yr 7 Food technology

Introduction to the topic: Why are you learning it and how does it link to what you've learned before?

How to cook safely and hygienically.

What lessons will you cover during the topic?

Creativity, using the oven/ hob/ grill, knife safety, adapting recipes.

| Keyword | Definition |
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| Recipe | A set of instructions for preparing a dish |
| Weigh | To find out how heavy an ingredient is using scales |
| Measure | To find out the amount of something |
| Knife | A piece of equipment with a sharp blade used for cutting ingredients |
| Preheat | To heat the oven before cooking to bring it up to temperature |
| Flour | An ingredient in powder form, made of wheat used to make bread and cakes |
| Margarine | A butter substitute made from vegetable oil |
| Vegetable | A plant used as a food |
| Fridge | An appliance to keep food and drink cool |
| Flavour | The taste of a food or drink |