

# Year 10 Keywords:

## Spring

### Guidance and Feedback

**Students to begin to understand different ways we can teach a skill and how to provide feedback in order to achieve a positive outcome.**

<b>Keyword</b>	<b>Definition</b>
<b>Visual Guidance</b>	<b>A learner watches or sees what needs to be done to build a mental picture of the skill.</b>
<b>Verbal Guidance</b>	<b>Used to describe an action and explain how to perform an activity/ skill.</b>
<b>Manual Guidance</b>	<b>Physically supporting or physically moving an individual person into a position.</b>
<b>Mechanical Guidance</b>	<b>Physical support by equipment or learning aid.</b>
<b>Intrinsic Feedback</b>	<b>This type of feedback happens within the performer. E.g. Basketball player who knows their 3 point shot is going in before the ball gets to the basket.</b>
<b>Extrinsic Feedback</b>	<b>This feedback comes from external sources. E.g a footballer seeing that their penalty kick was successful as it hits the back of the net.</b>
<b>Knowledge of Performance</b>	<b>It provides information about the pattern of movement/technique(s) that is taking place.</b>
<b>Knowledge of Results</b>	<b>Feedback regarding the end result or score of a game.</b>
<b>Positive Feedback</b>	<b>Feedback regarding information which the performer done well on.</b>
<b>Negative Feedback</b>	<b>Feedback regarding information which the performer needs to improve on.</b>