

# Year 9 Keywords: Spring 1

## Geography

### Food For Thought

**We investigate the global distribution of food, as well as the causes and effects of food insecurity.**

**We will use this knowledge to gain an understanding of the effects of the global food system and will investigate sustainable strategies for producing food.**

<b>Keyword</b>	<b>Definition</b>
<b>Food System</b>	<b>All of the steps a food goes through, from being produced (made), to being consumed (eaten). For example, packaging &amp; transporting.</b>
<b>Crop Yield</b>	<b>The amount of crop grown per area of land.</b>
<b>Undernutrition</b>	<b>When people do not consume (eat) enough calories to be healthy.</b>
<b>Obesity</b>	<b>When people have an excess amount of body fat that may impair their health.</b>
<b>Food Security</b>	<b>Having reliable access to enough safe, nutritious food to maintain a healthy and active life.</b>
<b>Food Insecurity</b>	<b>Being without reliable access to enough safe or nutritious food to maintain a healthy and active life. Undernutrition and obesity are both examples of food insecurity. The NHS recommends 2,000 calories per day for women and 2,500 for men.</b>