

Keywords: Yr7

Food Technology

Topic Title: Yr 7 Food technology

Introduction to the topic: Why are you learning it and how does it link to what you've learned before?

How to cook safely and hygienically.

What lessons will you cover during the topic?

Creativity, using the oven/ hob/ grill, knife safety, adapting recipes.

Keyword	Definition
Recipe	A set of instructions for preparing a dish
Weigh	To find out how heavy an ingredient is using scales
Measure	To find out the amount of something
Knife	A piece of equipment with a sharp blade used for cutting ingredients
Preheat	To heat the oven before cooking to bring it up to temperature
Flour	An ingredient in powder form, made of wheat used to make bread and cakes
Margarine	A butter substitute made from vegetable oil
Vegetable	A plant used as a food
Fridge	An appliance to keep food and drink cool
Flavour	The taste of a food or drink