

# Keywords: Year 9

## Food Technology

### Topic Title: Yr9 Food Technology

**Introduction to the topic: Why are you learning it and how does it link to what you've learned before?**

**Applying what you know to cook recipes and improve them.**

**What lessons will you cover during the topic?**

**Main meals, dietary requirements, environmental issues.**

Keyword	Definition
Sustainability	Not causing permanent damage to the environment
Seasonality	The times of the year when a particular type of food is available
Provenance	The beginning of something's existence – where food comes from.
Recycling	Converting waste into reusable material
Legislation	A law or set of laws
Aeration	Introducing air to a food e.g by whisking.
Poaching	Cook by simmering in a small amount of water
Coeliac Disease	A disease in which the small intestine is sensitive to gluten
Lactose Intolerance	Partial or total inability to digest lactose (an enzyme found in milk)
Dietary Requirement	A specific need within an individual's diet