

Keywords: Yr7

Food Technology

Topic Title: Yr 7 Food technology

Introduction to the topic: How to cook safely and hygienically.

What lessons will you cover during the topic? Creativity, using the oven/ hob/ grill, knife safety, adapting recipes.

| Keyword | Definition |
|-----------|--|
| Recipe | A set of instructions for preparing a dish |
| Weigh | To find out how heavy an ingredient is using scales |
| Measure | To find out the amount of something |
| Knife | A piece of equipment with a sharp blade used for cutting ingredients |
| Preheat | To heat the oven before cooking to bring it up to temperature |
| Flour | An ingredient in powder form, made of wheat used to make bread and cakes |
| Margarine | A butter substitute made from vegetable oil |
| Vegetable | A plant used as a food |
| Fridge | An appliance to keep food and drink cool |
| Flavour | The taste of a food or drink |