

Keywords: Year 9

Food Technology

Topic Title: Yr9 Food Technology

Introduction to the topic: Applying what you know to cook recipes and improve them.

What lessons will you cover during the topic? Main meals, dietary requirements, environmental issues.

Keyword	Definition
Sustainability	Not causing permanent damage to the environment
Seasonality	The times of the year when a particular type of food is available
Provenance	The beginning of somethings existence – where food comes from.
Recycling	Converting waste into reusable material
Legislation	A law or set of laws
Aeration	Introducing air to a food e.g by whisking.
Poaching	Cook by simmering in a small amount of water
Coeliac Disease	A disease in which the small intestine is sensitive to gluten
Lactose Intolerance	Partial or total inability to digest lactose (an enzyme found in milk)
Dietary Requirement	A specific need within an individual's diet