



Year 11 GCSE Keywords:

Autumn

The structure and function of the skeletal system

Keyword	Definition
Synovial joint	A freely moveable joint where two or more bones meet
Ligament	Tissue which connects bone to bone and stabilises joint
Tendon	Tissue which connects muscle to bone and helps to create movement
Cartilage	Tissue that covers the surface of bones to prevent friction and acts as a shock absorber
Hinge joint	Allows movement in one plane, found at the elbow and knee
Ball and socket joint	Allows a range of movement in all three planes, found at the shoulder and hip

