

Free Online Parent & Carer Webinars

Free Online Webinars: Feb - March 2026

Join Our Spring Term Webinar Series!

The PINS Spring Webinar programme offers a series of free, supportive online sessions designed to help families better understand and support neurodiverse children — both at home and in school.

These sessions are part of PINS (Partnerships for Inclusion of Neurodiversity in Schools), a Norfolk programme working alongside families and schools to create inclusive, understanding learning environments for every child.

- ✓ Free to attend
- ✓ Online – join from home
- ✓ Welcoming and practical
- ✓ No diagnosis or prior knowledge needed

When?

Understanding neurodiversity in school

- Social communication and friendships
- Masking and emotional wellbeing
- Behaviour as communication
- Inclusive school cultures
- Working positively with families
- Supportive learning environments

Who is it for?

These sessions are designed to be supportive, practical and understanding. Whether you're just beginning to explore neurodiversity or looking for new ideas, you'll find insight, reassurance and encouragement.

All sessions are free and delivered online via Microsoft Teams. Joining links are attached with QR codes as an option. Join as many sessions as you like — even just one can make a difference.

Session and session title	Date/Time Presenter	Audience	Session detail and Registration link
<p>Session 9. Behind the Mask: Thinking about why children mask and how home and school can work together</p>	<p>26th Feb 1000-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/Carers 	<p>NORFOLK PINS 2026: Session 9</p> 
<p>Session 12. Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school</p>	<p>3rd March 0930-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/Carers 	<p>Norfolk PINS 2026: Session 12</p> 
<p>Session 14. A Low Demand Approach – Looking at demand anxiety and strategies to help</p>	<p>5th March 1000-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	<p>NORFOLK PINS 2026: Session 14</p> 
<p>Session 17. Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school</p>	<p>10th March 1530-1700 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent /Carers 	<p>NORFOLK PINS 2026: Session 17</p> 
<p>Session 18. Anger or Anxieties? Thinking about emotional distress and how it can present.</p>	<p>12th March 1000-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	<p>NORFOLK PINS 2026: Session 18</p> 
<p>Session 20. Masking – What It Looks Like, Why It Happens, and How We Can Support <i>(evening)</i></p>	<p>12th March 1900-2030 Dr Pooky Knightsmith</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	<p>NORFOLK PINS 2026: Session 20</p> 